

Dear Care1st Member,

As of April 1, 2012, Care1st will **only** cover Blood Glucose Meters and Strips made by Abbott Diabetes Care such as FreeStyle Lite blood glucose meters and test strips. All other brands of blood glucose meters and test strips **will not** be covered after March 31st, 2012.

**Benefits of the FreeStyle Lite meter are:**

1. It is easy to use. You do not need to code it.
2. It uses a very small amount of blood for testing so there is less pain.
3. Able to test glucose at more sites of the body.
4. Phone training is available to learn how to use it.
5. Phone access to Certified Diabetes Educators and Registered Dietitians is available.



Enclosed at no cost to you, is a FreeStyle Lite<sup>®</sup> system kit that contains

- A blood glucose meter
- Required supplies
- Instructions to help you use your new meter.
- Also enclosed are 10 test strips, so you can start using the meter as soon as possible.

This kit is given to you at no charge. If you have questions on how to use the meter, please call Abbott Diabetes Care at 1-888-522-5226.

Your old test strips will **not** work with the new FreeStyle Lite Meter.

- Please call your doctor's office to let them know that you have a new FreeStyle Lite Meter.
- Ask the doctor to call your pharmacy with a new prescription for the FreeStyle Lite Test Strips and lancets.
- Have the pharmacy phone number handy when you call your doctor.
- Please pick up your strips and lancets from the pharmacy so you can start using your new meter.

We want to make this change easy for you. We also sent your doctor and pharmacy a letter to tell them about this change. If you have any questions about this change, please call Care1st Member Services at 1-866-560-4042.

Sincerely,

Care1st