



AHCCCS Requirements for Well Woman Preventive Care

July 29, 2016

Dear Care1st Providers and Staff:

An annual well-woman visit is a covered benefit for AHCCCS-enrolled women, and is intended to identify risk factors for disease and existing medical/mental health problems. This preventive care visit should include screenings and counseling to promote healthy lifestyle habits to reduce or prevent various risk factors.

AHCCCS has clarified that the following preventive services should be included in a well-woman visit:

1. Physical exam (well exam) that assesses overall health.
2. Clinical breast exam.
3. Pelvic exam (if necessary, according to current recommendations and best standards of practice).
4. Review of immunization status and administration of immunizations, screenings and tests appropriate for age and risk factors. *Refer to AHCCCS Policy 310-H, Health Risk Assessment and Screening Tests, at <https://www.azahcccs.gov/shared/Downloads/MedicalPolicyManual/Chap300.pdf>, for details on specific screenings and limitations related to these services.*
5. Screening and counseling that addresses, at a minimum:
 1. Proper nutrition.
 2. Physical activity.
 3. Elevated body mass index (BMI) indicative of obesity.
 4. Tobacco/substance use, abuse and/or dependency.
 5. Depression screening.
 6. Personal safety and domestic violence, including counseling to elicit information from women and adolescents about current/past violence and abuse in a culturally sensitive and supportive manner.
 7. Sexually transmitted infections (STIs) and Human immunodeficiency virus (HIV).
 8. Family planning counseling.
 9. Preconception counseling that includes discussion of a healthy lifestyle before and between pregnancies; i.e.:
 1. Reproductive history and sexual practices
 2. Healthy weight, including diet and nutrition, the use of nutritional supplements and folic acid intake
 3. Physical activity
 4. Oral health care
 5. Chronic disease management
 6. Emotional wellness
 7. Tobacco and substance use (caffeine, alcohol, marijuana and other drugs, including prescription drugs)
 8. Recommended intervals between pregnancies
6. Initiation of necessary referrals for further evaluation, diagnosis and/or treatment.

Note: Preconception counseling does not include genetic testing.

There is no copayment or other charge for the well-woman preventive care visit.

If you have questions, contact Maritza Jimenez, LPN, MCH/EPSTD Supervisor, at 602.474.1365.

Provider Network Operations

Phone 602.778.1800 or 866.560.4042 (Options in order: 5, 7) Fax 602.778.1875

E-mail: pnoaz@care1st.com Visit our website at www.care1st.com/az

Looking for your assigned Provider Network Rep? On our website go to Providers > Provider Rep Contact Info