

AHCCCS Requirements for Well Woman Preventive Care

September 11, 2017

Dear Care1st Providers and Staff:

Our Quality Improvement Department would like to remind you that an annual well-woman visit is a covered benefit for AHCCCS-enrolled women, and is intended to identify risk factors for disease and any existing medical/mental health problems.

AHCCCS requires the following preventive services to be included in a well-woman visit:

1. Physical exam (well exam) that assesses overall health.
2. Clinical breast exam.
3. Pelvic exam (as necessary, according to current recommendations and best standards of practice).
4. Review of immunization status and administration of immunizations, screenings and tests appropriate for age and risk factors. *Refer to AHCCCS Policy 310-H, Health Risk Assessment and Screening Tests, at <https://www.azahcccs.gov/shared/Downloads/MedicalPolicyManual/310H.pdf>, for details.*
5. Screening and counseling that addresses, at a minimum:
 - a. Proper nutrition.
 - b. Physical activity.
 - c. Elevated body mass index (BMI) indicative of obesity.
 - d. Tobacco/substance use, abuse and/or dependency.
 - e. Depression screening.
 - f. Personal safety and domestic violence screening, including counseling to elicit information from women and adolescents about current/past violence and abuse in a culturally sensitive and supportive manner.
 - g. Sexually transmitted infections (STIs) and Human immunodeficiency virus (HIV).
 - h. Family planning counseling.
 - i. Preconception counseling that includes discussion of a healthy lifestyle before and between pregnancies; i.e.:
 - Reproductive history and sexual practices
 - Healthy weight, including diet and nutrition, nutritional supplements and folic acid intake
 - Physical activity or exercise
 - Oral health care
 - Chronic disease management
 - Emotional wellness
 - Tobacco and substance use (caffeine, alcohol, marijuana, other drugs, including prescription drugs)
 - Recommended intervals between pregnancies*Note: Preconception counseling does not include genetic testing.*
6. Referrals for further evaluation, diagnosis and/or treatment, as needed.

There is no copayment or other charge for the well-woman preventive care visit.

If you have questions, contact Maritza Jimenez, LPN, QI Manager - EPSDT/MCH/DDD Programs, at 602.474.1365

Care1st NetworkManagement

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